

# **OSHA 30-HOUR CONSTRUCTION SAFETY CLASS**



**LEARN CONSTRUCTION SAFETY IN DETAIL**  
**For Managers, Engineers, Supervisors, & Safety Personnel**



# OSHA 30-HOUR CONSTRUCTION SAFETY CLASS

This class is for you if you are in:



**New Construction**



**Renovation Work**



**Demolition Work**

# OSHA 30-HOUR CONSTRUCTION SAFETY CLASS



**Duration: 4 days (7.5 hours each day)  
or, 5 days (6 hours each day)  
weekdays or weekends**

# OSHA 30-HOUR CONSTRUCTION SAFETY CLASS

Take your OSHA 30-hour construction Safety training course either:



1. Classroom: At your site or hotel training facility

✓ **Group from 10 to 40 learners in each class**



2. Online (Live with Instructor)

# OSHA 30-HOUR CONSTRUCTION SAFETY CLASS

It covers workers' rights and employer responsibilities to provide a safer workplace (about 22 safety topics covered)



# OSHA 30-HOUR CONSTRUCTION SAFETY CLASS

## MANDATORY TOPICS (14 hours)

### Introduction to OSHA

#### Focus Four (Causing most fatalities)

1. Falls
2. Struck-By (falling objects, trucks, cranes..)
3. Electrocution
4. Caught-In or Between (trench hazards, motorized equipment, and others)

#### Personal Protective and Lifesaving Equipment

#### Health Hazards in Construction

## ELECTIVE & OPTIONAL TOPICS (16 hours, select from the list)

### ELECTIVES (12 hours)

- a.Excavations
- b.Cranes, Derricks, Hoists, Elevators, ..
- c.Scaffolding
- d.Materials Handling, Storage, & Disposal
- e.Stairways and Ladders
- f.Tools - Hand and Power
- g.Confined Spaces for Construction
- h.Bloodborne Pathogens
- i.Fire Protection and Fire Prevention

### OPTIONAL (4 hours)

Other Construction Industry Hazards & Policies

**Request a proposal for onsite or online course**

# OSHA 30-HOUR CONSTRUCTION SAFETY CLASS

**This course is for you if you are:**

**Manager (who supervises staff)**

**Supervisor, Superintendent,  
or Foreman**

**Engineer (Civil, Electrical,  
Mechanical)**

**Safety Personnel**

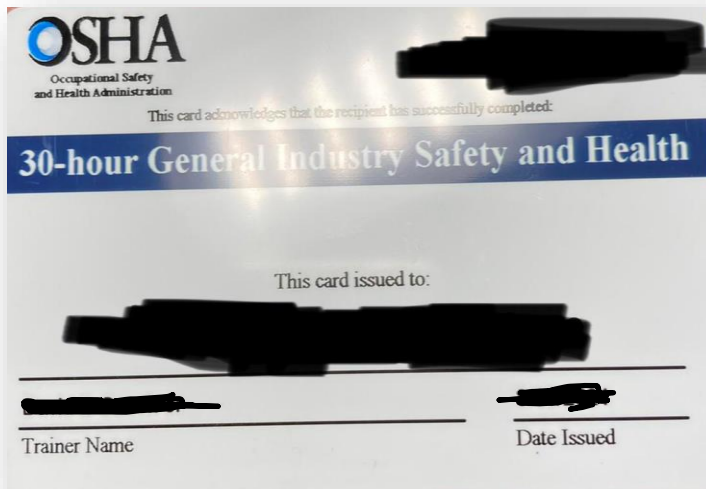


# OSHA 30-HOUR CONSTRUCTION SAFETY CLASS

You will receive a Department of Labor (DOL) 30-hour wallet card (durable plastic) within 2 weeks upon completion

(within the U.S. 50 states and territories)

- Cards don't expire
- Certificate of Completion (printable pdf) signed by the OSHA Authorized Trainer





# OSHA 30-HOUR CONSTRUCTION SAFETY CLASS



**VOLUNTARY:** This class is considered voluntary by OSHA



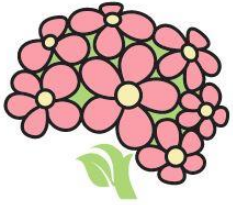
**Mandatory:** In some States, but optional in others



However, it is highly recommended in the entire construction industry for all workers and staff



# OSHA 10-HOUR CONSTRUCTION SAFETY CLASS



TALENTRICA LLC

To take the OSHA 10-hour  
construction training:

Request a proposal for classroom or online course

Email: [service@talentrica.com](mailto:service@talentrica.com)

website: [www.talentrica.com](http://www.talentrica.com)

Phone: (925)320-1635 (in the US)

Dr. Manar (Mark) Shami  
OSHA Authorized Trainer

